

**HEALTHY HEARTS MAKE FOR HAPPY DAYS**



**WATCH THE  
LECTURE ONLINE**

**FREE ONLINE HEALTH LECTURE**

# Battling Heart Disease

**When** Thursday, Feb. 9, from 7 to 8 p.m.. (Mountain Time)

**Where** Watch online. You'll get the link once you register.

**Speaker** Nelson Trujillo, MD, with Boulder Heart at Anderson Medical Center

About 660,000 people in the United States die from heart disease each year—that's 1 in every 4 deaths. The good news is that heart disease can be prevented and controlled.

Hear board-certified cardiologist Nelson Trujillo, MD, describe the latest approaches for preventing heart disease and screening for early detection.

**RESERVATIONS REQUIRED:**

[bchlectures.org/heartdisease-bch](http://bchlectures.org/heartdisease-bch)



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