

**STRONG, HEALTHY AND HAPPY IS THE WAY**



**WATCH THE  
LECTURE ONLINE**

**FREE ONLINE HEALTH LECTURE**

# Battling heart disease

**When** Wednesday, Sept. 28, from 7 to 8 p.m. (Mountain Time)

**Where** Watch online. You'll get the link once you register.

**Speaker** Molly Ware, MD, of Boulder Heart

About 1 in 5 American deaths each year is from heart disease, making it the leading cause of death for men and women in the U.S. The good news is that heart disease can be prevented and controlled.

Hear board-certified cardiologist Molly Ware, MD, describe the latest approaches for preventing heart disease and screening for early detection.

**RESERVATIONS REQUIRED:**  
[bchlectures.org/heartdisease](https://bchlectures.org/heartdisease)



Boulder Community Health does not discriminate on the basis of race, color, ethnicity, national origin, sex (including sexual orientation, gender identity and expression), age, or disability.