

MOVE ON FROM YOUR PAIN AND RISK



WATCH THE LECTURE ONLINE

FREE ONLINE HEALTH LECTURE

Is that pain in your leg muscles serious?

When Wednesday, April 27, from 7 to 8 p.m.

Where Watch online. You'll get the link once you register.

Speaker John R. McNeil, MD, of Boulder Heart

ARTERY DISEASE RAISES RISK FOR HEART ATTACK, STROKE

It can strike while you're walking or climbing stairs—painful cramping in your hip, thigh or calf muscles. You stop for a few moments, and the pain goes away. You may have chalked up these incidents to “getting old,” but you shouldn't dismiss those symptoms too quickly. It could be Peripheral Arterial Disease (PAD), a serious and progressive circulation problem that raises your risk of coronary artery disease, heart attack and stroke.

PAD develops when your leg arteries become clogged with fatty deposits called plaque. When left untreated, clogged arteries in the leg can be as deadly as plaque in your heart.

Hear John R. McNeil, MD, a board-certified cardiologist, describe the latest approaches for diagnosing and treating PAD, including lifestyle changes and medication.

RESERVATIONS REQUIRED:

bchlectures.org/PAD



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