## REDUCE THE RISKS AND KEEP ON ROLLING



## FREE ONLINE HEALTH LECTURE

## Colorectal cancer — The preventable killer

When Tuesday, March 15, from 7 to 8 p.m.

Where Watch online. You'll get the link once you register.

In the United States, colorectal cancer — cancer that starts in the colon or the rectum — is the third leading cause of cancer-related deaths in men and women. Fortunately, there are ways to reduce your risk and even prevent the cancer.

Our speaker is gastroenterologist Sim Bedi, DO, who will explain factors that may increase the risk of colorectal cancer, as well as lifestyle changes you can make to reduce your risk. Then he'll describe screenings that can detect and even prevent the cancer.

## RESERVATIONS REQUIRED: bchlectures.org/CRC



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