## **GET BACK TO WHAT YOU LOVE**



## Latest Treatments for Back Pain

When Thursday, March 4, from 7 to 8 p.m.

Where Watch online. You'll get the link once you register.

Millions of Americans live with back pain. From shooting pain while walking or bending over to bursts of pain when sneezing, the discomfort isn't always limited to the back. The pain can also travel down the legs. Luckily, new treatment options can greatly relieve the pain.

Hear board-certified and fellowship-trained spine surgeon Sharad Rajpal, MD, explain the causes of painful back problems such as a herniated disc, spinal stenosis and degenerative disc disease. He will also describe the latest non-surgical and surgical treatment options for relieving your pain, including advanced minimally invasive Mazor X robotic-guided spine surgery.

**FOOTHILLS HOSPITAL FIRST IN AREA FOR ROBOT-ASSISTED SPINE SURGERY** Less pain, faster recovery through a less-invasive approach

## **RESERVATIONS REQUIRED:** bchlectures.org/backpain



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