



FREE ONLINE HEALTH LECTURE

Improving painful hip conditions

HIP PRESERVATION OFFERS HOPE FOR A RETURN TO AN ACTIVE LIFESTYLE

When Wednesday, Jan. 20, from 7 to 8 p.m.

Where Watch online. You'll get the link once you register.

Research shows that early intervention for hip problems — whether congenital, developmental, post-traumatic or sports-related — may slow their progression. Hip preservation is a type of intervention for young, active adults that can improve the structure and function of the hip joint.

Conditions that may benefit from hip preservation include:

- Hip impingement
- Hip dysplasia
- Avascular necrosis
- Athletic hip injury
- Hip labral tear
- Snapping hip

Hear Austin W. Chen, MD, the area's specialty-trained and distinguished expert in hip preservation, describe predisposing risk factors for and the diagnosis of painful hip conditions. He'll then discuss the latest hip-preserving treatments — both non-surgical and minimally invasive surgical options — that can help you return to an active lifestyle.

RESERVATIONS REQUIRED:
bchlectures.org/painfulhips



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