

**BECAUSE YOU HAVE PLACES TO GO**



**WATCH THE  
LECTURE ONLINE**

**FREE ONLINE HEALTH LECTURE**  
**Controlling Migraine Pain**

**When** Tuesday, July 21, from 7 to 8 p.m.

**Where** Watch online. You'll get the link once you register.

There's no mistaking a migraine — the excruciating head pain, nausea, and sensitivity to light and sound. More than 36 million Americans, three-quarters of them women, suffer from incapacitating attacks. Fortunately, methods for preventing and managing migraines have improved dramatically in recent years.

Hear BCH neurologist Alan Zacharias, MD, explain what triggers a migraine headache, its possible complications and the latest treatments for stopping the pain.

**RESERVATIONS REQUIRED:**  
[bchlectures.org/control](http://bchlectures.org/control)



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