

FREE HEALTH LECTURE

LIGHT REFRESHMENTS
SERVED

The lived experience of chronic pain and treating opioid addiction

When Thursday, Oct. 17, from 5:30 to 6:30 p.m.

Where Della Cava Family Medical Pavilion, 4801 Riverbend Rd. (1st floor conference room)
Parking available in the adjacent parking structure.

Speaker Joy Redstone, LCSW, CAC III, director of Naropa Community Counseling

A MENTAL HEALTH PROFESSIONAL'S PERSPECTIVE

No one wants to be addicted to opioids, yet many people become dependent on them to relieve pain. According to the National Institute on Drug Abuse, between 8 and 12 percent of those prescribed opioids for chronic pain develop an opioid addiction.

One emerging way of treating addiction is to understand the lived experience—that is, the personal knowledge of those who become dependent on opioids.

Come hear Joy Redstone, LCSW, CAC III, describe her own lived experience as a chronic pain sufferer and how she uses this insight to support patients recovering from opioid addiction, especially those with chronic pain. She will also discuss alternatives to opioids for pain management.

Sponsored by the Opioid and Chronic Pain Response Program

RESERVATIONS REQUIRED:

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