ELEVATING MENTAL HEALTH — A FREE LECTURE SERIES

Older Adults and Mental Health

Concerns, Challenges and Future Directions

When Monday, May 13, at 6:30 p.m.

Where Boulder Jewish Community Center, 6007 Oreg Avenue

Speakers
- Valerie Lipetz, MD, internist with Internal Medicine Associates of Boulder
- Richard Williams, LCSW, psychotherapist with Mental Health Partners

About one in four adults 65 years or older experience some type of mental health concern that is not traditionally associated with aging. Sadly, far too many do not seek or receive the help they need.

In the final presentation of our four-part "Elevating Mental Health" lecture series, you'll learn about the mental health challenges many older adults face and how BCH's primary health care clinics are helping to detect mental illnesses. Then hear about resources and treatments for seniors with mental health concerns.

RESERVATIONS REQUIRED:

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