

# ELEVATING MENTAL HEALTH — A FREE LECTURE SERIES



Colorado has the 9th highest suicide rate in the country and ranks 43rd for overall mental wellness. Luckily, more and more Colorado-based organizations are taking on the state's mental health challenges and delivering creative new solutions for care.

Join us for our “Elevating Mental Health” series — free public lectures that feature experts taking a close look at new strategies for improving the care of Coloradans with poor mental health.

## FIRST LECTURE

### Emerging innovations in mental health care

**When** Monday, Feb. 18, 6:30 p.m.

**Where** Boulder Jewish Community Center, 6007 Oreg Avenue  
(Near the intersection of Cherryvale and Arapahoe)

Join Matt Vogl, MPH — co-founder of CU Anschutz's National Mental Health Innovation Center — as he looks beyond current treatments and describes how virtual reality and other new technologies have the potential to make mental health services better and more accessible to everyone. Then learn strategies for engaging non-traditional mental health professionals in the prevention and treatment of mental illness.

## RESERVATIONS REQUIRED:

[bchlectures.org/mentalhealth](http://bchlectures.org/mentalhealth) • 303-415-4212



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