

**BECAUSE YOU HAVE PLACES TO GO.**



**FREE HEALTH LECTURE**

# Controlling migraine pain

**When** Monday, Nov. 12, from 7 to 8 p.m.

**Where** Erie Community Center, 450 Powers Street

There's no mistaking a migraine — the excruciating head pain, nausea, and sensitivity to light and sound. More than 36 million Americans, three-quarters of them women, suffer from incapacitating attacks. Fortunately, methods for preventing and managing migraines have improved dramatically in recent years.

Come hear BCH neurologist Alan Zacharias, MD, explain what triggers a migraine headache, its possible complications and the latest treatments for stopping the pain.

**RESERVATIONS REQUIRED:**

[bchlectures.org/control](http://bchlectures.org/control) • 303-415-4212



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