

BE A HIKING BUDDY FOR YEARS TO COME.



FREE WOMEN'S HEALTH LECTURE Battling Heart Disease in Women

When Tuesday, Feb. 13, from 7 to 8 p.m.

Where The Gatehouse at Lionsgate Event Center
1055 South 112th Street (Hwy 287), Lafayette

Heart disease is responsible for one-third of women's deaths each year — killing about one woman every minute. The good news is that heart disease can be prevented and controlled. Come hear cardiologist Dr. Molly Ware describe the latest approaches for preventing heart disease in women and screening for early detection.

RESERVATIONS REQUIRED:
bchlectures.org/hearthealth • 303-415-4212

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