

FREE TO LIVE YOUR LIFE AGAIN



FREE HEALTH LECTURE

Latest treatments for a leaky bladder or prolapse

When Thursday, March 8, from 7 to 8 p.m.

Where Embassy Suites Boulder, 2601 Canyon Blvd.

It doesn't take much to trigger a leaky bladder — simply exercising, sneezing, laughing or coughing can cause embarrassing urine leakage. This condition, called stress incontinence, is all too common and can strike at any age. In fit young women, weakened pelvic floor muscles are often the culprit. For postmenopausal women, pelvic organ prolapse — an uncomfortable or painful condition linked to childbirth — can be the cause. Luckily, both stress incontinence and prolapse are highly treatable.

Come hear gynecologist Dr. Jeremiah McNamara describe new and effective treatments for these frustrating and uncomfortable conditions, including non-surgical and surgical options.

RESERVATIONS REQUIRED:

bchlectures.org/womenshealth • 303-415-4212



Boulder Community Health (BCH) does not exclude, deny benefits to, or otherwise discriminate against any person on the grounds of race, color, or national origin, or on the basis of disability or age in admission to, participation in, or receipt of the services and benefits under any of its programs and activities, whether carried out by BCH directly or through a contract or any other entity with which BCH arranges to carry out its programs and activities.