

FREE HEALTH LECTURE

Controlling involuntary tremors



Many people experience shaky hands, especially in times of high stress or anxiety. But for about 11 million Americans, involuntary tremors are a constant problem that can interfere with just about everything—getting dressed, drinking a glass of water or using a cell phone. This trembling can be caused by Parkinson’s disease, but more often it’s caused by Essential tremor, a benign, often inherited condition. Luckily, new treatments are available for controlling both Essential and Parkinson’s tremors.

Come hear two medical experts describe the newest approaches for diagnosing and relieving Essential or Parkinson’s tremors. They will discuss new medications, effective therapies and deep brain stimulation, a minimally invasive surgical procedure that can also help with the stiffness and slowness of Parkinson’s disease.

When Thursday, May 12, from 11 a.m. to noon

Speakers Kara Beasley, DO, of Boulder Neurosurgical & Spine Associates
and Alan Zacharias, MD, of Associated Neurologists

Where Calvary Bible Church, 3245 Kalmia Ave., Boulder

Reservations required: bchlectures.org/tremors • 303-415-4212

