

FREE HEALTH LECTURE

Taking control of bladder problems

Do you have a bladder problem that leaves you feeling frustrated, anxious or embarrassed? Loss of bladder control — urinary incontinence — is a common problem. In fact, one in five older men suffer with incontinence and half of all women experience incontinence at some point in their lives. Luckily, treatment is available.

Come learn about the causes of urinary incontinence in men and women and the current treatment options — from bladder control training to medications and surgery.

Speaker Shirley Huang, MD, MBA, of Internal Medicine Associates of Boulder

When Thursday, June 28, from 11 a.m. to noon

Where Calvary Bible Church, 3245 Kalmia Ave., Boulder

RSVP **Reservations required**
Call 303-441-0580 or visit bchlectures.org/bladder



Boulder Community Hospital

The best place to get better

bch.org

